

Additional Registration Information

Special Requests

Due to the near impossibility of responding to large numbers of requests from players to choose their team, teammates, or coaches, while maintaining team balance, fairness of play and fun for all, we are not able to honor such requests. Coaches may have their own children on their teams. However we will accept a request of a night that you could not make practice due to other commitments. Please note this on the registration form. The Munchkin and Mighty Mite divisions are set up so that each individual signs up for the class of his/her choice, first come first served. We trust that you will understand and appreciate the need for this policy.

Volunteers Needed!

More than 150 people volunteer their time to coach, referee, time keep, score keep and work concessions in our Youth Sports programs annually. Thanks to the efforts of caring volunteers, the Bangor Y is able to serve over 2,000 youth members and their families. There is, however, room for more help. If you have an interest in working with youth and can give 1-2 hours per week of your time, please consider serving. Call our Recreational Sports Director at 941-2808. Coaches **MUST** attend a coach's clinic prior to each season or meet with the Recreational Sports Director before the season begins.

Team Sponsors

In order to fully fund the Youth Basketball League, we offer the opportunity to "sponsor" a team. Sponsorship fees start at \$300 per season for Basketball, \$150 for Soccer and Baseball. For more information, call the Recreational Sports Director, David Hamel, at 941-2808.

Why the Bangor Y?

Our leagues are separated only by a one-year age gap, this allows for targeted instruction for all appropriate levels. Also we emphasize practices and skill development at the younger ages instead of only games. This allows for better fundamentals and individual skills before team play concepts are introduced. Our games are conducted with an emphasis on learning. Our travel teams have participated and won numerous tournaments but more importantly have won sportsmanship awards at the regional, state and local levels. Our coaches and staff have over a decade of experience coaching and serving in youth sports. All of our teams play under the guidelines of **HONESTY, RESPECT, RESPONSIBILITY and CARING**. Families will enjoy family fun weeks and a team or league banquet for 1st - 6th graders. View all YBL info including team schedules at www.BangorY.org.



"Fun and Friends" describes the Bangor Y Youth Basketball League. Players from age 4 through grade 12 develop basketball skills in dribbling, passing, shooting, and rebounding with a major emphasis on sportsmanship. The YMCA philosophy of **Athletes First - Winning Second** defines our approach to youth sports. We have fun, develop a positive self-image, and foster mutual respect.

Coaches are volunteers who make a commitment to the youth of our community by attending training sessions and working closely with staff to ensure a program based on the developmental needs of the young athlete. Players are divided into house leagues by grade and are assigned to teams by our YMCA trained coaches and staff to provide equality throughout the leagues and a positive learning environment.

Each level is tailored to best enhance a child's age-appropriate developmental skills. Younger children focus on basic skills while older youth learn game rules, drills and develop personal and team skills. Players receive game jerseys. Teams are co-ed. All players play an equal amount of time. Mid-season events and end of the year functions are fun for the whole family!

BANGOR Y
17 Second Street
Bangor, ME 04401
T: 207 941 2808
F: 207 941 2812
www.BangorY.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EVERYONE PLAYS EVERYONE WINS

Youth Basketball League BANGOR Y



YBL Division Clinics & Team Placement – The season begins with our division clinics and team placement process. Certified referees, coaches and Y staff provide leadership. Each clinic features instruction & fun. We also do player assessment in order to form balanced leagues for Atomic and above. Every player Atomic through High School MUST attend clinic to participate.

SPACE IS LIMITED – REGISTER EARLY!

MUNCHKINS Part I 10/17/11 Part II 1/2/12
Ages 4–5 years (must be 4 or 5 yrs old prior to class start)

Learn the basics of basketball in a non-competitive environment. Instructors introduce basketball with practice sessions. Parents are encouraged to help instruct. T-shirts included. FREE basketball to each munchkin player. (One ball per year please)
Class begins 10/17.
Practice Options: Mon 5:00–5:45pm or 6:00–6:45pm
Cost: Family Members \$14
Youth Members \$26 Non-members \$54
Location: Bangor Housing Authority (Community Center Gym) on 161 Davis Road
Part II begins 1/2/12, register 11/28.

ATOMIC
3rd – 4th Graders Register Now!

A fun and exciting basketball league that introduces referees and playoffs. Players develop the skills of the game. Players will enjoy one practice per week. This is a ten-game season. Team t-shirts included. We need parents to help us coach! See registration form. Practices on Tues or Wed nights beginning the week of 11/14 from 6:00–7:00pm.
Games will be Fri nights beginning Dec. 2nd
Practice: Determined by team selection.
Cost: Family Members \$19
Youth Members \$42 Non-members \$94
Location: Fairmount School

MIDDLE SCHOOL
7th – 8th Graders Register Now!

A fun, competitive league with Saturday games. Players are guaranteed playing time! Two practices at the start of the season and then a 12 game schedule
Team t-shirt included. Parents, sign up to coach! Team practice days Nov 19 & Nov 26 at 2:00pm. Games start Dec 3.
Cost: Family Members \$16
Youth Members \$36 Non-members \$82
Location: Cohen Middle School

HIGH SCHOOL
9th – 12th Graders Register Now - 12/4 or until full

Put the fun back in games with our fast paced, competitive league! 10 games including double elimination playoff. Team t-shirts included. Parents, please sign up to coach! Practices begin Dec 4th and games begin Dec 18th
Practice & Games: Sun 12:00–1:00pm or 1:00–2:00pm
Cost: Family Members \$16
Youth Members \$36 Non-members \$82
Location: Cohen Middle School

MIGHTY MITES
1st – 2nd Graders Register Now!

This is our introductory basketball league. Players will enjoy one practice/week and an eight game season. Team play and rules are introduced. We need parents to help coach! See registration form. Practices begin week of 11/14. Games are on Saturday mornings at the Downeast Elementary School at 9:00–10:00am, 10:00–11:00am or 11:00am –12:00pm
Practice: Mon, Tues or Wed 5:00–6:00pm
Cost: Family Members \$16
Youth Members \$36 Non-members \$82
Location: Bangor Housing Authority (Community Center Gym) on 161 Davis Road for Practice and Downeast Elementary School for Games.

PEE-WEE
5th – 6th Graders Register Now!

A great league that introduces regulation play with 10' hoops. Friday night games and double elimination playoffs. Players will hone their skills before moving on to middle school. Players will enjoy one practice per week and 11–12 games per season. Team t-shirts included. Parents, sign up to coach! Practices on Tues or Wed nights from 7:00–8:00pm beginning the week of 11/14. Games start on Dec. 3rd.
Practice: Determined by team selection
Cost: Family Members \$19
Youth Members \$42 Non-members \$94
Location: Bangor Housing Authority (Community Center Gym) on 161 Davis Road for practices & Downeast Elementary School for Games

***Practice/Game locations subject to change**



Revised 11/17/11

TRAVEL TEAMS Please Register By October 29!

If you eat, drink and sleep basketball, our Travel Team may be just for you. These travel teams are for intermediate–advanced players. Boys and girls with more commitment, ability and interest gain more skills in a competitive environment. Players that are selected for these teams participate in the Eastern Maine Basketball League. Players will be taught by experienced coaches learning individual skills, advanced team play and sportsmanship. One practice and one game per week. All players will be issued a Bangor Y Travel Team Uniform. Players' ability will be assessed for placement. Players selected for these teams may also register to play in our in-house leagues.

Players that are selected will also automatically qualify for a roster spot for the post-season team in February and March. Only players who live in Bangor or who live in a town that sends students to Bangor High School qualify to try out for this team based on league rules pertaining to districts.

Location: Practices are at Bangor Housing Authority (Community Center Gym) on 161 Davis Road and games are at Cohen Middle School

Cost: \$60 for members, \$120 for non-members Tryout Fee: Free

Tryouts: 5/6th Grade Girls – 6:00–6:45pm 11/1 3/4th Grade Girls – 6:00–6:45pm 11/1
3/4th Grade Boys – 5:00–5:45pm 11/3 (Team will be organized if EMBL has 3/4 grade league.)
5/6th Grade Boys – 6:45–7:30pm 11/1 7th Grade Boys – 5:45–6:30pm 11/3
7/8th Grade Girls – 5:00–6:00pm 11/1 8th Grade Boys – 6:30–7:15pm 11/3

All tryouts held at the Cohen Middle School.

Please contact David Hamel at 941–2808 or dhamel@bangorY.org for more information.

YOUTH BASKETBALL LEAGUE REGISTRATION FORM

It is important to remember that signing up for the Bangor Y Youth Basketball League is a commitment to not only the Bangor Y but to fellow team mates and coaches. Please do not sign up for this league if you are not 100% committed to attend practices and games. However, it is understandable that children may have Tae Kwon Do, swim or music lessons. Therefore, please write 1 night your child can not practice. We will do our best to accommodate this if written here. (Munchkins and Mighty Mites pick your own night so please do not write here. Munchkins cannot practice on Tues/Wed or Thurs.)

Mighty Mites, Atomic and PeeWee only: I cannot practice on ()Monday ()Tuesday ()Wednesday

Child's Name _____ Age _____ Birthdate ____/____/____ Height _____ School _____

Grade _____ # of yrs as a YBL participant _____

Basketball T-shirt size Adult ()S ()M ()L ()XL ()XXL Youth ()S ()M ()L

Parent Name(s) _____

Address _____ City _____ St _____ Zip _____

Phone (Home) _____ (Work) _____ Email _____

(Emergency contact name/phone) _____

____ I would like to Volunteer coach Name _____ Phone: _____

____ I, or my company, would like to receive more information about sponsoring a basketball team.
Name: _____ Phone: _____

In the event of accident or illness, the Recreational Sports administration of the Bangor Y has my permission to secure medical care for my child, as needed, if I cannot be reached. I understand, as a parent or guardian, I am responsible for any medical expenses not covered by my insurance, which may be incurred as the result of an athletic injury or sickness which occurs during a practice session or game, while participating in a Bangor Y Recreational Sports program. I release the Bangor Y, its instructors, volunteer coaches and directors of any claims that may result from child's volunteer participation in Bangor Y Recreational Sports programming. I consent to having my child's picture taken for the purposes of Bangor Y promotion.

Parent/Guardian Signature _____

Date ____/____/2011

PLEASE NOTE: REGISTRATIONS TAKE PLACE AT THE BANGOR Y ONLY



*Please clip, complete form on right & remit payment to Bangor Y - 17 2nd St, Bangor